ache
a pain or feeling of discomfort, usually one that is steady and long lasting
"The side effects of the medication may include stomach aches or hair loss."

ascertain
to verify or confirm something
"We will be running several tests to ascertain whether you have asthma or not."

barbiturates
substances derived from an organic compound that are used as sedatives and sleep inducers
"Patients taking barbiturates need to be careful not to become addicted."

bruise
an injured area of a surface that becomes discolored
"Seeing the dark purple bruise on her arm, her parents started to worry."

carry out
to conduct, run, do (e.g. a test)
"All blood tests are carried out at the local hospital as we do not have the equipment here in the surgery."

constipation
a condition in which the feces are hard and elimination from the bowels is infrequent and difficult
"If you suffer from constipation, you should try including more fiber in your diet or maybe eating prunes."

diagnose
to identify a problem or disease by considering the symptoms or performing an exam
"I went to the doctors yesterday and he diagnosed me with the flu, so I need to stay in bed for a week."

examine
to analyze, inspect or carefully study
"Before making a decision, it is important to examine all of the possibilities."

fatigue
physical or mental exhaustion
"People working long hours in stressful jobs are at risk of fatigue."
GP (general practitioner)
    a physician who does not specialize in any particular field of medicine
    "As I was feeling a bit unwell, I made an appointment with my general practitioner."

insomnia
    an ongoing inability to sleep or stay asleep
    "Many people are affected by insomnia at some point during their lives but for some it is a major problem."

lesion
    a wound or an area of the body that has been damaged through injury or disease
    "You should report any lumps or skin lesions to your doctor."

nausea
    a feeling of sickness that makes the person want to vomit
    "People often suffer from nausea when traveling, especially by boat."

prescribe
    to recommend and give official permission for a course of treatment
    "My doctor prescribed a course of antibiotics to stop infection."

rash
    any red eruption of the skin
    "The symptoms include a red, itchy rash where the substance was in contact with the skin."

running a fever
    suffering from a body temperature higher than normal
    "As she was running a fever, I decided to keep her home from school."

symptom
    a characteristic sign of something, especially a physical or mental sign of an illness
    "After I had described my symptoms, the doctor asked me to lay down so he could examine me."

tingling
    a prickling or stinging feeling, as from cold, a sharp slap, excitement, etc
    "It is estimated that more than 20 million Americans suffer from tingling hands to a greater or lesser extent."

vomit
    to eject the contents of the stomach through the mouth
    "Children who are under a lot of stress at school may occasionally vomit."