

# Unit 14 — Routine Checkups



## Annual blood test

a test performed every year in which a small sample of blood is taken and examined to check blood content and look for signs of any disease or disorder

"Under your health insurance you can have annual blood tests done free of charge."

## Appointment

an arrangement to see a doctor at a specific date and time

"As Claire was feeling very weak and had a high temperature, she phoned to make an appointment with her GP."

## BMI (Body mass index)

a measure of body fat calculated on the basis of weight and height

"The result of his BMI count was 23.5, which meant his weight was appropriate."

**Thank you for your interest!**

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