



Unit 21 — ADHD and Asperger's Syndrome

Reading: What Is The Difference Between Asperger's Syndrome and ADHD?

It's not uncommon for people to wonder whether someone they know has either Asperger's Syndrome (AS) or Attention Deficit Hyperactivity Disorder (ADHD). The two share many similarities, and even for a trained professional it is not always easy to tell them apart.

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Thank you for your interest!

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Discussion Questions

Discuss 3 main differences and similarities between Aspergers and ADHD?

Do you know anyone with AS or ADHD? What are they like? Do you change your behaviour to accommodate them?