



Unit 6 — Diseases and Illness

Reading: Diseases and Illness.

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Extract from a medical journal.

According to recent statistics from the American Center for Disease Control (CDC), the number of people suffering from serious diseases has increased when compared to ten years ago. This raises the questions:

Why has this happened?

and

What can be done to stop it?

The expectation was that this number would decrease thanks to advances in medical science which have helped in the fight against illnesses.

Anemia, for example, is now a treatable disorder but this alone is not enough to get rid of the larger problem of heart disease which now affects over 26.5 million people in America and is largely caused by poor diet.

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Discussion Questions

Why do you think certain diseases remain incurable? write 100- 120 words

How much impact does a person's lifestyle have on their health?

Which diseases / illnesses can be prevented? How?