

## Unit 9 — Mental Health



2025 Medical English Online Course. All rights reserved.

### **Anorexia**

an eating disorder characterized by refusal to maintain a normal minimal body weight, fear of gaining weight

"Many people worry that the pressure on teenage girls to look like models causes anorexia."

### **Anxiety**

a state of apprehension, uncertainty and fear

"John had suffered from anxiety for several years before he sought treatment."

### **Asylum**

an institution specializing in the care of people with physical or mental impairments

"Nowadays, people usually say 'psychiatric hospital' instead of 'asylum' as it sounds better."

**Thank you for your interest!**

**Please visit the Shop to get the complete PDF.**