

# Unit 11 — Hormones and Glands



## **Adipose**

consisting of fat

"Adipose tissue is used to store energy and insulate the body."

## **Adrenaline**

a hormone which increases blood circulation and breathing

"Adrenaline is produced when people are in dangerous situations."

## **Carbohydrate**

fuel for the body, which includes starch and sugar

"Diets rich in carbohydrate often lead to weight gain."

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