Unit 9 — Mental Health



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Anorexia

an eating disorder characterized by the inability to maintain a normal, minimal body weight

"Many people worry that the pressure on teenage girls to look like models causes anorexia."

Anxiety

a state of apprehension, uncertainty and fear

"John had suffered from anxiety for several years before he sought treatment."

Asylum

an institution specializing in the care of people with physical or mental impairments

"Nowadays, people usually say 'psychiatric hospital' instead of 'asylum' as it sounds better."

Thank you for your interest!

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